

Minimum Hours: 120

## Exercise & Health Science (B.S.) Pre-Therapy/Allied Health Option

2022-2023 Catalog

FRESHMAN – Fall Semester		Hours	FRESHMAN – Spring Semester		Hours
COL 100 Bryan Gateway Seminar	1		Christian Studies Elective (BIB/CM/CT/PHIL)	3	
CT 113 Critical Survey of Worldviews	3		HIS General Survey Course (100/200 level)	3	
ENG 109 College Writing I <u>OR</u> ENG 111 Freshman English*	3		<b>BIO 211 Principles of Biology</b>	4	
MATH 117 Precalculus (or MATH 122)	3		<b>EHS 111 Concepts of Physical Fitness</b>	2	
BIO 111 Introduction to Biology w/Lab	3/1		<b>EHS 221 Safety Education &amp; First Aid</b>	2	
			(ENG 110 College Writing II)*		
<b>TOTAL HOURS</b>	<b>14</b>		<b>TOTAL HOURS</b>	<b>14</b>	
SOPHOMORE – Fall Semester			SOPHOMORE – Spring Semester		
BIB 222 Old Testament Literature & Interpretation	3		BIB 224 New Testament Literature & Interpretation	3	
COMM 111 Intro to Communication	3		Choose <b>ONE</b> of the following: CSCI 116, 325, ECFN 100/200, PSGS 221, 226, 315, SS 211 <b>or</b> foreign language	3	
<b>BIO 221 Human Anatomy &amp; Physiology I</b>	<b>4</b>		Choose <b>ONE</b> of the following: PSY 111, 228, 330, or 334	3	
<b>EHS Activity***</b>	<b>1</b>		<b>BIO 222 Human Anatomy &amp; Physiology II</b>	<b>4</b>	
<b>EHS 200 Care and Prevention of Athletic Injuries</b>	<b>3</b>		<b>MATH 211 Elementary Statistics</b>	<b>3</b>	
<b>TOTAL HOURS</b>	<b>14</b>		<b>TOTAL HOURS</b>	<b>16</b>	
JUNIOR – Fall Semester			JUNIOR – Spring Semester		
Free Electives	3		Choose <b>ONE</b> of the following: ENG 100/200, FA 211, FLM 210, MUS 100/200, or THT 100/200 (excludes ENG 245, lessons, ensembles, practicums)	3	
<b>BIO 430 Medical Terminology</b>	<b>1</b>		Free Electives	3	
<b>EHS Activity***</b>	<b>1</b>		<b>EHS 320 Exercise Leadership &amp; Prescription</b> (BIO 221 is prereq)	<b>3</b>	
<b>EHS 329 Motor Learning</b>	<b>3</b>		<b>EHS 325 Measurement &amp; Evaluation in Physical Education</b>	<b>3</b>	
<b>EHS 342 Structural Kinesiology</b> (BIO 221 is prereq)	<b>3</b>		<b>PHYS 242 General Physics II w/lab</b>	<b>3/1</b>	
<b>PHYS 241 General Physics I w/lab</b>	<b>3/1</b>				
<b>TOTAL HOURS</b>	<b>15</b>		<b>TOTAL HOURS</b>	<b>16</b>	
SENIOR – Fall Semester			SENIOR – Spring Semester		
Free Elective	1		Christian Studies Elective (BIB/CM/CT/PHIL/GRK/HEB)	3	
<b>CHEM 131 General Chemistry I</b>	<b>4</b>		<b>CHEM 132 General Chemistry II</b>	<b>4</b>	
<b>EHS Activity***</b>	<b>1</b>		<b>EHS 420 Admin &amp; Supervision of PE &amp; Sport Programs</b>	<b>3</b>	
<b>EHS 341 Physiology of Exercise</b> (BIO 221 is prereq)	<b>3</b>		<b>EHS 423 EHS Practicum II</b>	<b>3</b>	
<b>EHS 421 Senior Seminar in EHS</b>	<b>3</b>		<b>PSY 300/400 Level Elective</b>	<b>3</b>	
<b>EHS 422 EHS Practicum I</b>	<b>3</b>				
<b>TOTAL HOURS</b>	<b>15</b>		<b>TOTAL HOURS</b>	<b>16</b>	

\*Students are required to take either ENG 109/110 College Writing I *and* II (6 credits) *OR* ENG 111 Freshman English (3 credits). Placement in ENG 111 requires an ACT English score of at least 21 *OR* an SAT Evidence-Based Reading & Writing score of at least 530 *OR* CLT score of at least 68. Students who are placed in the ENG 109-110 sequence will need to take ENG 110 in the spring semester of the freshman year.

\*\*\*A repeatable Varsity Sport can be used only one time for this requirement.

This document is to be used for planning purposes only. Please refer to the academic catalog for complete information. Course planning should be completed in consultation with your academic adviser. Not all courses are offered every semester or every year.